

# Anti-Muslim Hate and How to Help Combat it

Challenging Discrimination through Community Conversations: Addressing Anti-Muslim Hate in Canada. With Guest Speakers Dr. Farha Shariff, Dr. Muna Saleh, and Arwa Elhag-Idris.

## What is Islamophobia?

Islamophobia is a term based on the outcome of racializing Muslims and is a form of racism. There is no one definition for Islamophobia. The term is often misused and misunderstood. It's long been used in policy and academia however so the term cannot be entirely retired.



## What is Anti-Muslim Hate?

Anti-Muslim hate refers to specific, rational, hateful acts against Muslim people.

## What can we do?

- Work to learn from and with Muslim people and communities rather than to just learn about them.
- Keep in mind that building relationships takes time.



## Anti-muslim hate has long-reaching effects

Healing to address the hate is needed because the harm compounds over time. In Edmonton and across Canada, Sisters' Dialogue is working to address hate and help women who have faced such attacks.



## How should we address Anti-Muslim hate and racism?

Action and policy are needed because data alone cannot solve these issues.

# RESOURCE PAGE

## [Inclusive Holidays are Within Reach](#)

from the Edmonton Public School Board

## [2021 Community Report: Ch 3 Healing after Hate](#)

from Islamic Family and Social Services Association

## [Shift to Action a Bystander Intervention Guide](#)

from Shift Lab

## [Islamophobia in Canada](#)

From the International Civil Liberties Monitoring Group, Islamic Social Services Association, and Noor Cultural Centre

## [Sisters' Dialogue](#)

Works to address anti-Muslim hate in Canada and to provide therapies and community to Muslim women.

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## [Islamic Heritage Month Resource Guidebook for Educators](#)

from the Toronto District School Board



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